

Importance of Uniform

- Dance is a discipline, and that starts with how a student dresses for class – a neat and tidy appearance encourages a respect for the class, teacher and ‘becoming a dancer’. When they dress like a dancer, they feel like a dancer – this improves posture and focus in class.
- Dance is all about lines and positions, and the teacher needs to spot misalignment and corrections quickly and easily. Wearing fitted dancewear allows the teacher to see what the body is doing and prevent injury.
- Eliminates distractions by allowing the students to focus on dancing rather than the latest clothing trends and what they’re wearing.
- Creates a team/family feeling in class, that all students are wearing the same and are equal in class. We also have branded merchandise available which again forms a bond between students that they’re part of a team.
- Incorrect dancewear can impact technique, precision and even cause injury. Please ensure all dancewear and footwear is purchased from a reputable dance shop and not a sports shop. We recommend Baillando in Maidstone.